



### The Solemnity of the Body & Blood of Christ

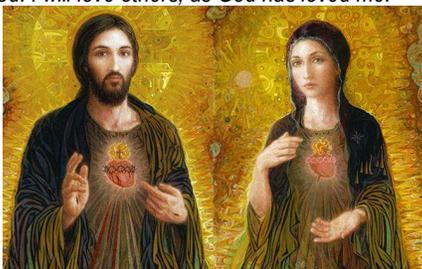
The Feast of Corpus Christi is the solemn commemoration of the institution of the sacrament of the Holy Eucharist. It celebrates the Real Presence of the Body and Blood, Soul and Divinity of Jesus Christ in the elements of the Eucharist. (The institution of the Eucharist at the Last Supper is observed on Holy Thursday.) The Mass and the Office for the feast was introduced by St. Thomas Aquinas at the request of Pope Urban IV in 1264.



*"Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from the side of Christ, wash me; Passion of Christ, strengthen me; O good Jesus hear me; Within your wounds hide me; separated from you, let me never be; From the evil one protect me; At the hour of my death, call me; And close to you bid me; That with your saints, I may be praising you forever and ever. Amen"*

### The Sacred Heart of Jesus and the Immaculate Heart of Mary

*"Sacred Heart of Jesus and Immaculate Heart of Mary, I Consecrate my entire self to the Most Holy Love of Your Two Hearts. I wish to make reparation for all the sins of the world, including my own. I offer these things for the love of the Hearts of Jesus and Mary. I will keep my mind on beauty and turn my thoughts from evil things. I will not show off, but remain humble. I will offer up all my sufferings, sickness, and hurts. I will seek God's Will, not my own. I will show appreciation for the blessings that I receive, and thank God for all things. I will do everything in my life for the love of God. I will love others, as God has loved me."*

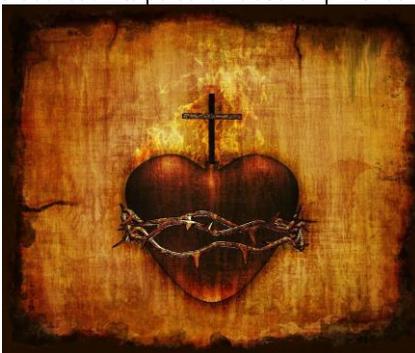


*O Sacred Heart of Jesus, through the Intercession of the Immaculate Heart of Mary, receive the offering and consecration I now make of myself to You. Keep me faithful unto death. Bring me one day to the Happy Home in Heaven. I desire to live forever with God the Father and the Most Holy Spirit and You my Jesus, together with Your Most Immaculate Mother. Amen."*

*"Most Sacred Heart of Jesus, save us! Immaculate Heart of Mary, pray for us!"*

### Sacred Heart Devotion

Devotion to the Sacred Heart reflects on the long-suffering love and compassion of the heart of Christ towards humanity. A Roman Catholic nun from France, Saint Margaret Mary Alacoque, learned the devotion from Jesus in a series of apparitions to her between 1673 and 1675. The Sacred Heart of Jesus, who appeared to Saint Margaret Mary, focuses our attention on His burning love for us and on instances where He has been neglected by us - neglected as he was by His disciples when He suffered in agony whilst praying in the garden of Gethsemane. He has been neglected by those of us who have forgotten the enormity of what He has bestowed upon us. Through the institution of the Eucharist - and His dying for us on the cross - Jesus has given everything, yet we can be unaware or even ungrateful. We fail to watch as His disciples failed. We fail to give homage through our ingratitude or our forgetfulness. It is time for us to make a prayerful return for all that He has given us. This acknowledgement and gratitude towards Him is essential for our Salvation. For returning His love is at the Heart of our relationship with Jesus Christ - the One who by becoming flesh - brought the Godhead into personal relationship with us.



He is our dearest friend and we ignore Him. How can we do this to Him, Who has given us everything? In our selfishness, we have forgotten Him. Through these visions to St. Margaret Mary, He came to remind us of all this. To remind us how much he has given and still gives, and how little we give Him in return. He asks us to practice Devotions to His Sacred Heart that are designed to focus our attention towards the love He has for us, and to make amends for the indignities and sacrileges He has suffered from neglect. We can make amends through acts of reparation, so that our hearts will reciprocate in some small way Jesus' gift of His great burning love for us. The three practices form the foundation of the Devotions; the original requests made by the Sacred Heart of Jesus Himself to St. Margaret Mary include: Weekly practice of the Holy Hour of Reparation; Monthly First Friday Devotions; and the Annual Feast of the Sacred Heart of Jesus. Now is the time to pray these Devotions to Jesus.

*"O most holy Heart of Jesus, fountain of every blessing, I adore you, I love you and will a lively sorrow for my sins. I offer you this poor heart of mine. Amen."*

### The Solemnity of John the Baptist

John the Baptist is the only saint whose birthday is observed by the Catholic Church. The birth of John was foretold by the angel Gabriel; he is also the only saint who was cleansed from original sin in his mother's womb and was sinless at birth.



*"Amen, I say to you, among those born of women there has been none greater than John the Baptist; yet the least in the kingdom of heaven is greater than he." Matthew 11:11*

John held the honor of being chosen by God as the forerunner to the Messiah. John's mission was to personally prepare the world for Christ's arrival: *"Behold, the Lamb of God, who takes away the sin of the world!"*



*"God our strength and our hope, grant us the courage of John the Baptist, constantly speak the truth, boldly rebuke vice and patiently suffer for truth's sake; in the name of Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God now and forever. Amen."*

### June Spotlight Saint Saints Peter & Paul Feast Day is June 29th

Peter made many mistakes along the way, but always experienced the compassionate forgiveness and encouragement of Jesus. Paul came to the Faith on the road to Damascus and never backed away from his zeal for Christ after that. Together, the two saints are the founders of the See of Rome through their preaching, ministry and martyrdom there.

